

# Life Chances

July 2021 Newsletter

7/1/2021

[www.mariewellnessclinic.com](http://www.mariewellnessclinic.com)

## Life Chances

Life Chances are about the opportunities we are offered to help us realize our hopes and dreams. However, they are also dependent on our social conditions and the family into which we were born.

While economic growth, education and social equality have contributed greatly to available options, research suggests that our childhood

form of emotional or financial obligation to their parents.

**Is your life now similar to that of your parents or guardians?**

**Was your childhood home stable in terms of emotional security?**

**Were there opportunities that you have been offered you wish you had taken?**

Many of the problems we struggle to resolve are not



**LIFE ALWAYS  
OFFERS YOU  
ANOTHER CHANCE.  
IT'S CALLED  
TOMORROW**

experiences can impact on what we allow ourselves to aspire to. Early negative influences can have a major impact on our self-esteem and the sense of control we feel we have over our lives.

Although opportunities for children born into high income families would suggest that they would have more options and independent choice, other factors may impede their path in the

caused by our current situation but by the patterns we have carried through from our childhood.

If you would like to complete a **Life Chances Interview** please download a copy of my book, **Self-Actualization Against the Odds** from the website [www.mariewellnessclinic.com](http://www.mariewellnessclinic.com)

Or call me for a free consultation 0501087592

## Marie Wellness clinic

As you can see the theme this month is all about how our emotional past may be influencing our future choices.

Most of the tension and stress that we struggle to deal with in our daily life is not based on new issues but on the recurrence of old memories that are being triggered.

Untangling past losses and upsets leads to new ways of responding to events and, as a result, we find ourselves living in a happier stress free situation.

Taking time to untangle your past will bring you renewed energy and happiness in your daily life.

Call me for a free initial consultation.

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